Maintaining Morale in Challenging Times

Morale is a major contributor to a strong work group and a healthy work environment. When individual morale is high in a workplace, the entire group, office, division, and organization performs better. This course will focus on how to develop and maintain high morale in yourself, and your office. By drawing on well-established practices and habits we will learn how to increase our morale and increase the morale in our organization. In this course we will: identify the conditions or factors that may influence morale in the workplace, examine which ones are most critical for your work environment, and discuss strategies to positively influence morale.